

P.S. 035 Manhattan High School

Course Code: GSSG6QQA-02

Syllabus for: LIFE SKILLS

Teacher Name: FLORES

Year and Term: 2018-2019

Learning Standards:

RI.9-10.1

SL.9-10.1

L.9-10.1

S-IC

S-MD

Health standard 1,2,3

Course Description:

Basically, life skills are a group of skills that an individual needs to acquire for an independent life, as far as that life is possible. One could argue that the most important skills one acquires in life are the skills of sound character, such as honesty, kindness, and being responsible. At school, students need to acquire the whole realm of academic skills, including reading, writing, and solving math problems. In addition, school is a microcosm of society that demands the acquisition of appropriate social skills. Life skills also includes the many tasks that make up daily living, such as shopping, saving money, traveling, and eating.

Calendar or Unit Map:

Chapter 12

12.1: What do you need to know?

12.2: Where to get information

Chapter 13

- 13.1: What is a Budget?
- 13.2: Making a budget
- 13.3: Paying Interest
- 13.4: “On Sale”
- 13.5: Unit pricing
- 13.6: How much do things cost?
- 13.7: Writing a check
- 13.8: Maintaining a checking account
- 13.9: What is a savings account?
- 13.10: Credit cards
- 13.11: Using debit and credit cards and ATMs
- 13.12: How much money will you need?
- 13.13: Making change

Chapter 14

- 14.1: Local transportation
- 14.2: Overnight travel
- 14.3: Traveling by plane
- 14.4: Planning a trip
- 14.5: Estimating cost
- 14.6: Using a timetable

Chapter 16

- 16.1: A place to live
- 16.2: Living with parents
- 16.3: Home upkeep
- 16.4: Home repairs
- 16.5: Going green
- 16.6: Decluttering

Chapter 17

- 17.1: Nutrition
- 17.2: Making good food choices
- 17.3: Eating out versus eating in
- 17.4: Preparing a meal

Chapter 18

- 18.1: What do I need?
- 18.2: Smart shopping
- 18.3: Comparison shopping
- 18.4: Returning items

Chapter 19

- 19.1: Exercise in daily life

- 19.2: Exercise Excuses
- 19.3: Personal health habits
- 19.4: Stress and stressors
- 19.5: Stressful events and situations
- 19.6: Coping with stress

Chapter 21

- 22.1: Having a Good Attitude
- 22.2: Being a Great Employee
- 22.3: Making a Mistake on the Job
- 22.4: Handling Criticism on the Job
- 22.5: Being Prepared for the Task
- 22.6: Changing Jobs: Why?
- 22.7: Changing Jobs: How?

Course Material:

Notebook/binder
pen/pencil
colored pencils

Grading Policy:

Exams (25%): Exams will be given twice per month. The exams will consist of multiple choice and open response questions. If you miss a test, see me so you could make it up. If you miss the test and the makeup, you will get a 0 on the exam.

Classwork (25%): Classwork grades are assessed by you the student using the rubric given to you. If you are absent you must see me to make up the work or get a 0 for the assignment.

Homework (25%): You will receive homework every day except on Fridays and on test days. Homework is checked daily. If you are absent you are responsible for getting the homework. If you don't see me for the missed homework you will receive a 0 for it.

Projects (15%): You will receive two projects per term. If you don't hand in your projects, you will receive a 0 on that assignment.

Behavior (10%): Your behavior will be assessed everyday using a rubric.

Other expectations:

Do the best you can in every class.

If you need to contact me you can via email at jflores25@schools.nyc.gov or at 212-465-4390

Anytime you need anything feel free to see me during my lunch break which is D band or on Fridays between 8-8:50am.

