

Manhattan High School
Physical Education – Mr. Verde
(PQS11QQF)
2019-2020 – Term I

Vision

To inspire, motivate and assist: Believing that through Physical Education students will develop the skills necessary to achieve physical, social, and emotional growth.

Objectives

- Students will demonstrate acceptable personal and social behavior
- Students will respect staff, peers, themselves, PE equipment and PE areas
- Students will participate in all activities unless the student has a legal exemption excusing them from participation
- Students will learn anatomy and physiology
- Students will exhibit excellent sportsmanship

PE Areas = Gymnasium, Rooftop gymnasium, and/or any other off site facility

Expectations

- Be on time – If you are more than 10 minutes late, you must have a pass otherwise you will not be allowed into the gym and given a zero for the day
- Be prepared to participate in all activities. Refusal to do so will result in a lower grade and possible failure for the semester. (Changing of clothes is recommended after activities)
- Fighting, cursing, trash talking, gambling, hats, do-rags, food, drinks are not permitted in any of the PE areas
- Enter the gymnasium through the front doors when instructed to do so. At no time should students leave before the end of the period unless given permission. Students who leave early will be given a zero for the day and not allowed back in the gym.

PE Outline

- | | |
|------------------------------|---------------------|
| -Volleyball | -Matball |
| -Fitness | -Soccer |
| -Football | -Ultimate Frisbee |
| -Lacrosse | -Floor Hockey |
| -Dodge Ball | -Cooperative Games |
| -Basketball | -Kickball/Baseball |
| -Physical Fitness Challenges | -Physiology/Anatomy |

Grading Policy

Grading is based on a 10 point system. Each Physical Education day is worth 10 points:

2 points for attendance

3 points for behavior

5 points for class participation

You must participate the entire period to earn all 5 participation points. Failure to do so will result in a lower total.

Remember that 65 is a passing grade so you will need to earn at least 7 points a day in order to pass for the semester. Points will be totaled at the end of the semester to give students the grade they have earned.

NEGATIVE STUDENT BEHAVIOR

Fighting, threatening students, inappropriate sexual behavior, destruction of school property, cursing staff and disruption of class are all examples of this type of behavior.

Threatening and/or physical violence against staff or other students will result in severe consequences.

CONSEQUENCES

The consequence for “negative” student behavior can result in any or all of the following:

- Written up – letter is sent to the principal, parent/guardian, and a copy placed in the student file.
- Phone call to parent/guardian
- Conference with the parent or guardian
- Alternative outcomes/procedures set in place by administration

Extra Help/Make-Ups

If you are having any difficulties, concerns, or thoughts, please arrange time to see me so we can try to work everything out.

Contact Information: **Email:** cverde@schools.nyc.gov **Phone:** (212) 247-4307